



Promoter:

Cross Country Club www.capexcountry.co.za

Contacts:

Route Director: Clive Crouse (0829001334) info@capexcountry.co.za

Race / Club Secretary: Carol Wiltshire (0722337274)

Race Committee: scoring, checks, Marshals:

Arlene Brown, Hendrie Brink, Robert van Den Heever, John Lanham, Anton van Den Berg.

Medical Team: Atlantic Medical Response team.

Status:

Tankwa Cross Country Bike & Quad Training and Orientation 2020

Covid:

Everyone to practice their normal Covid protocol.

Regulations & Rules:

- GPS Navigation. No working GPS no ride. GPS needs to be functional throughout.
- Please respect the terrain, ride within your own means and control.
- Please respect Speed Zones wherever marked (this will be checked).
- GPS checks will be done.
- PLEASE adhere and stay to the marked routes. No free riding anywhere.
- GPS will be checked and cleared at the end of each day.
- Please stick to the start times. No late starters as sweeper will be locking behind as they proceed.
- Service crews allowed at specific allocated designated service points as per notice.

- Riders briefing is compulsory.
- Clipper cards will be used as many check points. Clip card to be handed in at end of each day. Card size is 7cm x 10 cm it is useful to have a clip card holder.

Scoring:

- Participants to start with 1000 points. Penalties result in deduction of points.
- Certificates of achievement will be issued at an established pass rate.

Bike & Quad Classification:

- Refer Website (www.capexcountry.co.za) for details

Program of events:

- Refer Website (www.capexcountry.co.za)

Facilities:

- Self-catering and camping, hot cold showers, flush toilets.
- Sorry no 220volt power.
- Canteen.
- Wi-fi (R50).
- Firewood, ice and refreshments for sale.
- Bike wash.

Weekend meals catering:

- As per pre-booked arrangement

Useful items & info to carry.

- Clip card holder / pouch (cards are 75mm x 100mm)
- Basic tool kit.
- Puncture repair (for tubeless tyres).
- Spare chain master link.
- Spare spark plug.
- Syphon pipe + flattened milk carton to transfer fuel.
- Tow strap.
- **Min 5 x 10L fuel cans for outside refuels.**

We are very privileged to ride non raced tracks in a most serene area that is out of public access. Please we need to respect the friendly Landowners and Communities of Tankwa/Hantam region, who actually farm in these very tough desert type conditions

TANKWA X COUNTRY – EXPERIENCE IT!

THANKING OUR SPONSORS:

Platinum Sponsor



Gold Sponsor



Gold Sponsor



Sponsors

Anton Van Den Berg Technical Services

Helderberg Yamaha

Dirt Rider

Droomers Yamaha

Lutzville Cellars

De Wet Cellars

Cape Wood